

CERVICAL SPINE RESEARCH SOCIETY



President's Message



I hope you all had an enjoyable summer that included much needed time away. CSRS has had a busy year to date. As we settle

into Fall, the research cycle has come to a close, just as we ramp up for the fourth quarter, which brings us to the Instructional Course and Annual Meeting at The Phoenician Resort in Scottsdale, AZ in December. We hope you are making plans to be there!

Mike Daubs and his Instructional Course Committee, have put together a great agenda for the Instructional Course Program. This includes topics on cervical facet fracture/dislocation, degenerative cervical disorders, new technology and strategies (evolving spine care), technical complications, and tumor. The ICL program takes place on Wednesday, Dec. 5. Registration and the ICL program is on the [website](#).

Thursday, Dec. 6, kicks off the Annual Meeting, which runs through

Saturday Dec. 8. Under the direction of the Program Committee Chairs Chris Ames and Bob Hart, the Committee has selected another fantastic series of papers and posters for the program. Special additions this year include a collaborative symposium with the Scoliosis Research Society Thursday afternoon, an International Collaborative Approaches to Complex Cervical Surgery symposium on Friday afternoon, and a symposium on Managing Difficult Complications on Saturday morning. You will not want to miss any of these sessions. Special thanks to Chris and Bob for their hard work in pulling these together.

Additional Annual Meeting highlights include case presentations and industry workshops. You can find out more information, including the updated program and schedule, on the [website](#). We will update this as new information becomes available. If you have further questions, the CSRS staff can help address these for you.

As I mentioned previously, Zo Ghogawala and the three research

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subcommittees have closed out this year's research grant cycle. They have reviewed LOIs and full grant submissions culminating in the selection of the winners of the \$100,000 Medtronic, \$75,000 21st Century, \$25,000 Seed Starter and the \$15,000 Resident Fellow Grants. Grantees selected will be presented with their awards in Scottsdale. We are inspired by this year's selections and thank all of the subcommittees for their hard work. *(continued)*

For this year's Presidential Guest Speaker, I have selected Helen Turnbull, PhD. Further details about her can be found below. Dr. Turnbull is a thought leader in global inclusion and diversity which leads me to the proposed Bylaws change.

CSRS has always been a respected leader in cervical spine and our membership has certainly reflected leaders in the field. In speaking with international experts during my

travels, I was surprised to learn that because we restrict our Active membership category to individuals in North and South America, there is a perceived exclusiveness that limits leaders from around the globe to participate in CSRS in a deeper way. This also proliferates an old belief that exclusivity equates to excellence. I truly believe that we can move the field forward not by limiting our membership, but by keeping the same standards we have

in place and expanding our membership to include international experts. At the April Board meeting, I shared my thoughts and there was much discussion which resulted in the proposed new Bylaws language as noted on page 3. The leadership believes this will set CSRS on the right path and we trust you will believe the same. We can change course and I hope that everyone will embrace it.

CSRS 2018 Annual Meeting Registration and Instructional Course Programs Available

Register and Book Your Housing Today!

Programs

The preliminary programs for both the 2018 [Instructional Course](#) and the [Annual Meeting](#) are linked here and are now posted on the CSRS website. Scheduling is subject to change and updates will be posted to the [website](#) as they occur.

Meeting Registration

Registration is open and reduced rates (no charge for Active members registered by Oct. 15) are available through Oct. 15. To register,

click [here](#). Your CSRS username and password are required to log in.

Hotel

If you have not reserved your hotel room for the meeting, please do so now. There are limited rooms available at The Phoenician Resort.

For reservations, click [here](#). CSRS has contracted a group rate of \$255.00 (plus tax) for the nights of Sunday, Dec. 2 through the night of

Saturday, Dec. 8. Subject to availability, the group rate applies to reservations made before midnight MST on November 5, 2018.

PLEASE NOTE: There is a seven (7) day cancellation requirement to avoid penalty. Any cancellations within seven (7) days prior to arrival will incur a charge of one night's room and tax against the individual credit card.

Presidential Guest Lecturer to Speak on Diversity and Inclusion

CSRS is honored to have Helen Turnbull, PhD, as the 9th Annual Henry H. Bohlman Presidential Guest Lecturer at the CSRS 2018 Annual Meeting.

Dr. Turnbull is a world recognized thought leader in global inclusion and diversity. Her PhD dissertation research was on covering and stereotype threat, and she has a deep knowledge and understanding of what it takes to create an inclusive environment.

In July, she was presented with the Global Speaking Fellow Award from the Global Speakers Federation. Only 33 individuals globally have received this award.

In addition to her PhD, Dr. Turnbull has two Masters Degrees in Organizational Behavior and Mental Health Counselling, and an undergraduate degree in Psychology and Sociology from the Open University.
(continued)



Helen Turnbull, PhD, is the 9th Annual Henry H. Bohlman Presidential Guest Lecturer.

Dr. Turnbull's keynote on Thursday, Dec. 6 is titled, "*Adjusting your Mirrors and Managing your Blind Spots*". She will explore the hidden brain and unconscious bias as it relates to business decisions and diversity and inclusion.

It will put a spotlight on the impact of your blind spots on inclusion and day to day decision making. You will learn about compelling global research directly affecting the talent pipeline.

In addition, you will gain insights on how to overcome the organizational and societal barriers which allow mind viruses to proliferate and prevent us from being more inclusive and making more mindful decisions.

Board Proposes Bylaws Amendment to Expand Active Member Criteria

At the CSRS Board of Directors meeting held on April 5, 2018 in Chicago, discussion took place regarding expanding Active member criteria. Currently, Active membership is available only to individuals from North and South America. It was suggested to open the category to international applicants in order to be inclusive and engage physicians on an international level.

The board approved increasing membership to 300 to allow for 25 active international members. This involves a Bylaws change which must be voted on by the general membership at the Dec. 7, 2018 Members' Business Meeting at The Phoenician Resort in Scottsdale, AZ. The Senior and Corresponding member language was also updated to specifically add individuals from, or other than North and South America, to be consistent with the Active member category. The proposed Bylaws amendments are below.

Active Members shall include individuals from North and South America. Active members shall also include up to 25 members outside of North America. Each Active Member has a right to vote and hold office and is required to pay annual dues as fixed from time to time by the Directors. Each active member

is also required to 1) demonstrate active participation in the affairs of the society including one or more of the following at least once every four years: submit a scientific paper for presentation at a scientific seminar of the Society, serve on a Society committee, present at a Society instructional course, serve as moderator or presenter at a scientific seminar of the Society; 2) participate in Society research and data collection studies as directed; and 3) attend at least one Annual Meeting of the Society every four years in order to retain status as an Active Member. Failure to comply with these requirements may result in forfeiture of Membership. Active membership is currently limited to 275 individuals from North and South America and may include up to 25 members from outside of North and South America who have demonstrated continuing interest in the cervical spine.

Senior Members shall include individuals from North and South America who have formally retired from the active practice of medicine or research. Senior members' status may also be conferred at the discretion of the Board of Directors on those individuals who request such a change. Each Senior Member has a right to vote but does not have the right to hold office. Senior Members are not required to pay

annual dues or to submit papers for presentation, but shall pay expenses for meetings attended on a pro rata basis.

Corresponding Members shall include individuals from countries other than North and South America. Each Corresponding Member has the right to vote but does not have the right to hold office. Corresponding Members are required to pay 50% of annual dues and shall pay expenses for meetings attended on a pro rata basis. Corresponding Members are not required to submit papers for presentation.

CSRS Future Meetings

Annual Meeting

2019
Nov. 21-23
Marriott Marquis, New York, NY

2020
Dec. 10-12
The Cosmopolitan, Las Vegas, NV

Instructional Course

2019
Nov. 20
Marriott Marquis, New York, NY

2020
Dec. 9
The Cosmopolitan, Las Vegas, NV

CSRS Receives 23 Membership Applications

September 15 was the deadline for 2018 membership applications. CSRS received 12 Active member applications, 6 Corresponding member applications, and 5 Candidate member applications. This was the first year CSRS accepted applications for the newly created Candidate membership category.

The Membership Committee, chaired by Timothy Garvey, MD, will review the applications and make recommendations to the Board at its December meeting in Scottsdale, before members vote on the candidates at the Members' Business Meeting on Friday, Dec. 7.

This year members will be available to review the candidates on the Members' Only page of the CSRS [website](#) beginning in November and make comments to Dr. Garvey ahead of the vote.

CSRS Extends Deadline for 2019 Traveling Fellowship Hosted by CSRS Asia Pacific

Applications due October 15, 2018

The application deadline has been extended to Oct. 15 for the CSRS 2019 Traveling Fellowship. Participants will travel for four weeks, mid-February to mid-March, to sites in India, China, Korea, and Japan. The 2019 Traveling Fellowship is hosted by the CSRS Asia Pacific section.

Requirements include:

- * Board Certification,
- * Attendance at the CSRS NA 2019 Annual Meeting,
- * Under the age of 45,
- * Reside in North or South America,
- * Two sponsor letters from CSRS NA members,
- * Letter of support from department chief, current CV, and online application

Two individuals will be chosen from each of the CSRS Societies - North America, Asia Pacific, and Europe.

The goal of the CSRS fellowship is to expose young spine surgeons to other institutions and individuals with an expertise in the cervical spine to broaden their experience and foster their academic career.

The application can be accessed [here](#).

CSRS to Fund Nine Research Studies in 2018

The 2018 CSRS Research Grant process began in February with the submission of 54 Letters of Intent across four research grant categories – Medtronic Named Grant, 21st Century, Seed Starter, and Resident Fellow.

CSRS will announce the winners at the Annual Meeting in December. For 2018, CSRS will fund nine studies for a total of \$228,719. Thank you to the three Research Subcommittees, headed by Chair Zoher Ghogawala, MD, for all their time and effort spent narrowing down the winners.

21st Century Grant Subcommittee: Clifford B. Tribus, chair; Andrew T.

Dailey, MD; Michael P. Kelly, MD; Themistocles Protopsaltis, MD; Daniel M. Sciubba, MD; Tim Yoon, MD

Seed Starter Subcommittee: Brandon D. Lawrence, chair; Jonathan N. Grauer, MD; Ahmad Nassr, MD; Avinash Patwardhan, PhD; Jason Savage, MD; P. Justin Tortolani, MD

Resident Fellow: Paul M. Arnold, chair; Nitin N. Bhatia, MD; Ivan Cheng, MD; Kristen E. Radcliff, MD; Richard Skolasky, Jr., SCD; Michael P. Steinmetz, MD

LOI submission for 2019 opens February 1.

CSRS needs to fill a number of vacant Subcommittee positions for 2019. If you are interested in volunteering, please contact Kerri Mink, Society Director, at mink@aaos.org for more information.

CSRS Collaborates with CAOS for 2019 Fellowship

The Chinese Association of Orthopaedic Surgeons (CAOS) approached CSRS leadership earlier this year about a collaboration for a fellowship to take place in 2019. Leadership enthusiastically agreed

to move forward. The fellowship will bring individuals to centers in the United States for a period of 3 months for training. There is a rigorous selection process which includes final candidates coming to

the CSRS Annual Meeting for a final interview. We look forward to meeting the fellowship candidates and expect it to be a rewarding and educational time for fellows. To learn more, visit the CAOS [website](#).

CSRS Asia Pacific Section News



The CSRS-AP 2019 Annual Meeting will be held March 14-16, 2019, in Yokohama, Japan.

Visit the CSRS AP [website](#) for information as it becomes available.

CSRS European Section News



The 35th Annual Meeting of CSRS Europe will be held in Rome, Italy, May 22-24, 2019.

Visit the CSRS Europe [website](#) for information as it becomes available.

CSRS 2018 Deadlines

Housing Link Open for the 2018 CSRS Meetings, The Phoenician: Open Now

Housing Block Closes for 2018 CSRS Meetings: November 5

Online Application Submission Closes for CSRS Traveling Fellowship: October 15

Early Bird Registration Deadline for the CSRS 2018 Meetings: October 15

Online Registration Closes for 2018 CSRS Meetings: November 9

Abstract Submission Open for CSRS 2019 Annual Meeting: March 4

CSRS Mission Statement

The Cervical Spine Research Society is a multidisciplinary organization that provides a forum for the exchange of ideas and promotes clinical and basic science research of the cervical spine. The organization values collegial interaction and strong scientific principles.