## CSRS 21st Instructional Course

Cervical Trauma-Radiculopathy, Top Papers, Myelopathy
and Tumors/Deformity/Challenging Cases

7:20-7:30 am **Welcome and Introduction** 

Louis G. Jenis, MD

**SESSION I: BASICS OF CERVICAL TRAUMA** 

Moderator: Louis G. Jenis MD

Pre-hospital Management/Management in Emergency Room 7:30-7:40 am eter G. Whang, MD

7:40-7:50 am In Spinal Cord Compromised Patient-

"Why I Always Give Steroids Michael C. Gerling, MD

"Why I Never Give Steroids" 7:50-8:00 am Methylprednisolone for Acute Spinal Cord Injury

Jason W. Savage, MD

8:00-8:15 am Discussion **CERVICAL TRAUMACONTROVERSIES** 

Moderator: Louis G. Jenis.MD Subaxial Trauma-Surgical Decision Making 8:15-8:25 am

Eeric Truumees, MD

8:25-8:35 am Central Cord Syndrome in the Elderly Patient-"Early Surgery is Better

Alpesh A. Patel, MD

"Delayed Surgery is Better" 8:35-8:45 am Louis G. Jenis, MD

8:45-8:55 am **Cervical Spine Injury in Athletes** 

Srdjan Mirkovic, MD

8:55-9:05 am **Upper Cervical Spine Injuries in Elderly** 

Robert A. Hart, MD

Discussion 9:05-9:30 am 9:30-9:50 am Break

**SESSION II: CERVICAL RADICULOPATHY** Moderator: Samuel K. Cho, MD

9:50-9:55 am Single-Level Radiculopathy - Case Presentation

ACDF: "It's Proven, It Works" 9:55-10:05 am Stuart H. Hershman, MD

Artificial Disc: "It Works BETTER than ACDF" 10:05-10:15 am

Pierce D. Nunley, MD 10:15-10:25 am Foraminotomy: "This is a Non-fusion Procedure that can

Still be Very Effective

Jong Beom Park, MD

10:25-10:35 am Two-level Disease-Case Presentation 10:35-10:40 am 10:40-10:50 am ACDF: "It's Proven, It Works"

Clifford B. Tribus, MD 10:50-11:00 am

Artificial Disc: "This is Superior. Just Read the Papers"
• Prestige and Bryan Disc and Prodisc C Artificial Discs Praveen Mummeneni, MD

11:00-11:10 am Hybrid: "Let's Compromise and Get the Best of Both Worlds"

 Hybrid Use of Cervical Disc Replacement Adjacent to a Fusion as Either a Revision or Primary Surgery is Off-Label Use According to the FDA

Joseph R. O'Brien, MD

Three More Level Disease-Case Presentation

and Patients Tolerate Anterior Much Better than Posterior"

11:15 – 11:25 am Multi-level ACDF or ACF/ACDF Combo: "The Pathology is in the Front

Philippe Bancel, MD

Laminectomy/Fusion: "Posterior is Safer and More Predictable" 11:25-11:35 am Steven C. Ludwig, MD

Laminaplasty/Foraminotomy: "Why Fuse the Spine at all?"

11:35-11:45 am Christopher I. Shaffrey, MD

11:45 am - 12:00 pm **Discussion** 

12:00-1:00 pm Metropolitan Ballroom

11:10-11:15 am

1:08-1:16 pm

1:16-1:24 pm

1:24-1:32 pm

2:20-2:30 pm

2:50-3:05 pm

3:40-3:50 pm

4:00-4:10 pm

SESSION III: BEST PAPERS Moderator: Praveen V. Mummaneni, MD

Laminoplasty vs. Laminectomy and Fusion to TreatCervical

1:00-1:08 pm Spondylotic Myelopathy: Outcomes of the Prospective Multicenter AOSpine North America and International CSM Studies

Carlo Santaguida, MD

Is Preoperative Duration of Symptoms a Significant Predictor

of Functional Status and Quality of Life Outcomes in Patients Undergoing Surgery for the Treatment of Degenerative Cervical Myelopathy?

Lindsay A. Tetreault, HBSc Cost Utility Analysis of Anterior Cervical Discectomy and Fusion

for Degenerative Spine Disease in Elderly Population Ahilan Sivaganesan, MD

Cost Effectiveness of Operative vs. Non-Operative Treatment of Geriatric Type-II Odontoid Fracture

Seven-Year Cost-Effectiveness of Cervical Disc Replacement 1:32-1:40 pm

vs. Anterior Cervical Discectomy and Fusion—Results from Investigational Device Exemption and Post-Approval Studies of ProDisc®-C Total Disc Replacement

Jack E. Zigler, MD Discussion

1:40-2:00 pm SESSION IV: CERVICAL MYELOPATHY

Moderator: Darren R. Lebl, MD Clinical Evaluation and HRQOL Measures-Which are Most Clinically 2:00-2:10 pm

Useful? Howard Moses, MD

2:10-2:20 pm **Imaging of Myelopathy** Timothy A. Garvey, MD

> ${\bf Surgical \, Indications \, \& \, Technique-Anterior \, Cervical}$ Decompression and Fusion (ACDF)/Anterior Cervical Corpectomy and Fusion(ACCF) Alan S. Hilibrand, MD

2:30-2:40 pm  $Surgical \, Indications \, \& \, Technique-Laminectomy \, and \, Fusion \, \\$ 

Hybrid Use of Cervical Disc Replacement Adjacent to a Fusion as Either a Revision or Primary Surgery is Off-Label Use According to

Case Presentations and Discussion

the FDA Jason C. Eck, MD

Surgical Indications & Technique - Laminaplasty 2:40-2:50 pm John G. Heller, MD

Cervical Deformity and HRQL Patient Reported Outcomes

Common Tumors of the Cervical Spine and Surgical

3:05-3:30 pm SESSION V: TUMORS/DEFORMITY/CHALLENGING CASES

Moderator: Michael D. Daubs, MD 3:30-3:40 pm

**Currently Accepted Radiographic Measurements** of Cervical Deformity Themistocles S. Protopsaltis, MD

Roberto Assietti, MD

3:50-4:00 pm **Surgical Treatment Options for Cervical Deformity** Christopher P. Ames, MD

**Treatment Strategies** Ziya Gokaslan, MD

4:10-4:30 pm Case Presentations and Discussion 4:30 pm

4:30-6:00 pm Faculty Appreciation Reception Frontenac Ballroom Foyer Faculty, Exhibitors, & Attendees

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medical device he or she wishes to use in medical practice.

CSRS provides that "off label" uses of a drug or medical device may be described in the CSRS's CME activities so long as the "off label" use of the drug or medical device is also specifically disclosed (i.e., it must be disclosed that the FDA has not cleared the drug or device for the described purpose). Any drug or medical device is being used "off label" if

that it is the responsibility of the physician to determine the FDA clearance of each drug or

the described use is not set forth on the product's approved label. FDA has not cleared the drug and/or medical device for the use described (i.e., the drug and/or medical device noted with an • is being discussed for an "off label" use).

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